

James Loyce, Jr., M.S.
President

Dan Bernal
Vice President

Edward A. Chow, M.D.
Commissioner

Cecilia Chung
Commissioner

Suzanne Giraud, Ph.D.
Commissioner

Laurie Green, M.D.
Commissioner

Tessie M. Guillermo
Commissioner

**HEALTH COMMISSION
CITY AND COUNTY OF SAN
FRANCISCO**

**London N. Breed Mayor
Department of Public Health**



Grant Colfax, MD
Director of Health

Mark Morewitz, M.S.W.
Executive Secretary

TEL (415) 554-2666

FAX (415) 554-2665

Web Site: <http://www.sfdph.org>

MINUTES

HEALTH COMMISSION MEETING

Tuesday, December 17, 2019, 4:00 p.m.

LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER

Administration Building Gerald Simon Theatre

375 Laguna Honda Boulevard

San Francisco, CA 94116-1411

1) CALL TO ORDER

Present: Commissioner James Loyce, Jr., M.S., President
Commissioner Dan Bernal, Vice President
Commissioner Edward A. Chow M.D.
Commissioner Tessie Guillermo
Commissioner Suzanne Giraud, Ph.D
Commissioner Laurie Green, MD

Excused: Commissioner Cecilia Chung

The meeting was called to order at 4:08pm.

2) APPROVAL OF THE MINUTES OF THE HEALTH COMMISSION MEETING OF DECEMBER 3 2019

Action Taken: The Health Commission unanimously approved the December 3, 2019 minutes.

3) Grant Colfax, Director of Health, gave the report. The full report can be viewed at:

<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

Mental Health SF Legislation approved unanimously by Board of Supervisors

On December 10th, the Board of Supervisors voted unanimously in favor of Mental Health SF, with the goal of transforming our behavioral health system, including a focus on addressing the intersection of homelessness, mental health disorders, and substance use. Mayor London N. Breed, Supervisors Hillary Ronen, and Supervisor Matt Haney co-sponsored the legislation. The City is making investments immediately to meet the goals of Mental Health SF, however, several elements of Mental Health SF will be dependent on identifying new revenue sources.

As the Mayor and Supervisors work to identify funding for the longer-term elements of Mental Health SF, the City will continue providing mental health and substance use treatment services to as many homeless individuals as possible. This immediate action includes continuing to prioritize healthcare and housing for the most vulnerable of the 4,000 who are experiencing homelessness, and have both a mental illness and a substance use disorder.

DPH identifies trends in voluntary substance use treatment admissions

Two new SFDPH tools have highlighted an apparent decrease in substance use residential treatment admissions in our city and affirmed our ongoing work to improve the services we provide.

The first tool is the comprehensive annual surveillance report Substance Use Trends in San Francisco Through 2018, authored by Director of Substance Use Research Dr. Phillip Coffin.

Dr. Coffin's analysis shows that the most common substance resulting in admissions to publicly funded substance use disorder (SUD) treatment programs or methadone maintenance programs in San Francisco is heroin, followed by alcohol and methamphetamine. He found that about 150 fewer people were treated for opioid use disorders in 2018 compared to 2014, but at the same time, approximately 1,000 more people participated in outpatient buprenorphine treatment. This suggests an overall increase in the number of people treated for opioid use disorder, even as residential treatment admissions declined.

We are examining several potential reasons for the apparent decrease in admissions to voluntary substance use treatment programs, such as the impact of additional outreach and outpatient programs like the street medicine buprenorphine program. Other possible reasons include the impact of the state Drug Medi-Cal/Organized Delivery System, which has changed the rules for Medi-Cal coverage of substance use treatment so that it must be provided by the county of residence. Previously, San Francisco has served many clients whose primary residence was in another county.

The second tool is FindTreatmentSF.org, Thanks to our community-based providers who update it daily, this website shows, for the first time, every available residential substance use treatment bed in the DPH system at once. The website went live on December 5, and later this month, voluntary mental health treatment beds will be added. This resource gives our behavioral health clients, their loved ones and their care providers a clearer picture of where treatment is available. It also allows DPH to analyze trends and work with providers to improve flow, fill vacant beds and make data-driven decisions about allocating resources. I would like to thank the Director of Mental Health Reform, Dr. Anton Nigusse Bland for recommending this tool and the DPH team and our community providers for their work in making it a reality.

Though we know vacancies can fluctuate, early observations of the site showed an overall vacancy rate of about 25%. Our goals are to reach 10%, which allows flow through the system, and stop the decline in treatment admissions. The rigor with which we are approaching this issue – with data and transparency – will help us solve problems and improve the system for our clients, providers, and the whole community.

Glide Memorial, Health Department, and community-based organizations unite to provide healthy holiday meals for the Bayview

On December 11th, the Department of Public Health, Glide Memorial, San Francisco Recreation and Parks, Bayview Opera House, and the Community Living Campaign joined with community organizations and brought more than 700 holiday meals to underserved families in the Bayview at Joseph Lee Rec Center Gym at 1395 Mendell Street.

According to the [2018 San Francisco Food Security Report](#), an estimated 227,000 San Francisco residents live below 200% of the Federal Poverty Level (FPL), and 110,000 live below 100% of the Federal Poverty Level (FPL). In District 10, which includes the Bayview, it is estimated that more than 27,000 people's incomes are below 200% FPL. Proper nutrition is critical for health, disease prevention, maintaining healthy weight and

well-being. Food insecurity (the inability to afford healthy food) is a risk factor for chronic disease, and is associated with poor health outcomes.

A survey conducted in partnership with the [San Francisco African American Faith-based Coalition](#) found that many low-income African American people are faced with having to choose whether or not to purchase food, medications, pay bills and keep a roof over their head. This is the first step of many to address food insecurity as we continue to work with the Coalition city-wide. Food is a basic human right and the health department is continuing to work with our communities to reduce food insecurity in an equitable way.

Improperly discarded hospital meal tray tickets resulted in privacy breach

On December 10th, the Department of Public Health (DPH) announced that for a period of five months this year, some meal tray tickets of patients at Zuckerberg San Francisco General Hospital (ZSFG) were improperly disposed, resulting in a privacy breach. There is no evidence of any misuse of the information, and the risk of identity theft is low.

Between June 18 and November 4, 2019, a Food and Nutrition Services employee threw out meal tray tickets into the regular garbage bins, instead of confidential shredder bins as required. Each ticket contained a patient's full name, day and month of birth, bed/unit location at ZSFG, diet information and the menu received. The tickets did not include any other personal information. Letters will be sent to the 1,174 patients who were on the units where this employee delivered meal trays, informing them of the incident.

The Health Department learned of the mistake on November 15, when the employee disclosed that he had been improperly disposing of meal tray tickets since June. That employee, and all staff members who deliver food trays, have been counseled on proper disposal procedures. DPH is committed to preserving the privacy of our patients and takes its responsibility to address privacy incidents seriously.

ZSFG patients with questions about this matter can contact the DPH Privacy Office toll-free number (855) 729-6040 and reference "FNS" or "#2019-198" in the message.

Health department honored for innovative practices that support health equity

On December 3rd, the San Francisco Public Health Department (DPH) was announced by the California Endowment as the recipient of the [2019 Advancing Health Equity Awards Excellence](#) in Health Equity Practice Award for its [Black African American Health Initiative \(BAAHI\)](#) and its efforts to improve outcomes for specific health conditions in Black/African-American communities. For example, the hypertension workgroup efforts resulted in closing the gap between Black/African American blood pressure control and all other network patients from 8 percent to 3 percent in four years. Through its cultural humility workgroup, intensive training to normalize discussion on racism among DPH leadership resulted in the implementation of racial equity teams, councils and committees across the department.

DPH was one of eight California public health departments and health human service agencies honored at the ceremony for their work.

Health department's Center on Substance Use and Health team continues opioid safety education and opioid use disorder research

The Center on Substance Use and Health (CSUH) of the Population Health Division was funded to continue and expand the California Intervention in Academic detailing for Opioids (CIAO). CIAO is an implementation grant operating since 2016 to train public health workers and medical providers throughout California to use academic detailing to educate providers on opioid safety, pain management, and opioid use disorder. San Francisco has been a leader in adjusting opioid prescribing in clinical practice while trying to minimize patient disruption and ensure quality care for patients who have developed an opioid use disorder. CSUH continues to provide technical assistance to help providers improve upon their clinical practice.

To date, CIAO has trained providers on opioid stewardship from 17 counties in California, delivered over 50 webinars and talks, distributed over 8,000 copies of educational materials, and provided materials for adaptation to over 20 states. The Centers for Disease Control and Prevention, through the California Department of Public Health, funded CIAO to expand their technical assistance provision throughout the United States starting in 2020.

Healthy Kids HMO moving to Medi-Cal Managed Care

Effective January 1, 2020, the Healthy Kids HMO (HK) program, administered by San Francisco Health Plan (SFHP), will come to an end. Among the two subgroups of the HK program, the County Children's Health Initiative Program (CCHIP) eligible group, which accounts for about 99% of HK membership, successfully transitioned to Medi-Cal as of October 1, 2019. The remaining members, or non-CCHIP eligible, will be transitioned out of the program by 2020 and will be either be enrolled in Kaiser's Community Health Care Program or in other insurance programs through SFHP depending on their Federal Poverty Level.

For CCHIP, unless a member decides to change their health plan, SFHP will continue to be the health plan for these members after their transition to Medi-Cal. After a member's transition from HK to Medi-Cal, the member's primary care provider, vision care, annual premiums, and copays will remain the same. Dental coverage, however, would be provided by Medi-Cal Dental instead of Delta Dental.

HK has played a very crucial role in San Francisco for almost two decades, providing comprehensive medical, vision, and dental coverage to children who otherwise did not qualify for public insurance options. The health department is very proud to have been able to provide health care to thousands of children throughout the program's existence. If you have any questions about the closure of the HK program, please contact omc@sfdph.org.

1st annual Asian and Pacific Islander Mental Health Collaborative Summit

On November 13th, the health department's Mental Health Services Act (MHSA) team spoke at the 1st annual Asian and Pacific Islander Mental Health Collaborative Summit (APIMHC) hosted by Richmond Area Multi-Services, Incorporated (RAMS). MHSA Director, Jessica Brown, provided the keynote address which discussed the importance of culturally and linguistically relevant prevention and early intervention programs that appeal to the heart and soul of communities. She also discussed the use of funding a strategy for achieving mental health equity.

The full-day event was implemented in collaboration with Filipino Mental Health Initiative-SF, Samoan Wellness Initiative, and Southeast Asian Mental Health Initiative-SF. The summit engaged over 130 participants in interactive activities which showcased highlights of the APIMHC's work on mental health promotion and mental health stigma reduction. The APIMHC Summit focused on collaborative approaches toward mental health equity; promoting system-level changes to achieve mental health equity; and cultivating community voices and perspectives.

DPH in the News (Nov 27 – Dec 12 2019)

CA Healthline, Dec 12 2019, SF hopes to improve care for people with mental illness living on streets
<https://californiahealthline.org/news/san-francisco-hopes-to-improve-care-for-people-with-mental-illness-living-on-streets/>

Patch, Dec 11 2019, Mental Health SF legislation approved unanimously
<https://patch.com/california/san-francisco/mental-health-sf-legislation-approved-unanimously>

BCN, Dec 10 2019, DPH reports privacy breach involving disposal of meal tray tickets at hospital
<https://www.sfgate.com/news/bayarea/article/Dph-Reports-Privacy-Breach-Involving-Disposal-Of-14896456.php>

SF Examiner, Dec 6 2019, Ronen says \$100M service expansion is 'going to fix' SF's mental health crisis
<https://www.sfexaminer.com/news/ronen-says-100m-service-expansion-is-going-to-fix-sfs-mental-health-crisis/>

PGN, Dec 5 2019, 3 trials offer hope for HIV vaccine

<http://www.epgn.com/opinion/editorials/15539-3-trials-offer-hope-for-hiv-vaccine>

GCN, Dec 4 2019, Leading experts say HIV vaccine could be on the way in 2021

<https://gcn.ie/experts-say-hiv-vaccine-on-way-2021/>

BGR, Dec 4, Scientists optimistic that HIV vaccine could be ready by 2021

<https://nypost.com/2019/12/04/scientists-optimistic-that-hiv-vaccine-could-be-ready-by-2021/>

Edinburgh, Dec 3 2019, HIV vaccine by 2021: drug trial progress 'promising', say experts

<https://www.edinburghnews.scotsman.com/health/hiv-vaccine-2021-drug-trial-progress-promising-say-experts-1330805>

Fox, Dec 2 2019, San Francisco's homeless crisis surges, residents push to recall California Governor Newsom

<https://video.foxnews.com/v/6111088059001#sp=show-clips>

SF Examiner, Dec 2 2019, Supes to vote on proposal for more services to treat mentally ill, substance users

<https://www.sfoxaminer.com/news/supes-to-vote-on-proposal-for-more-services-to-treat-mentally-ill-substance-users/>

SF Examiner, Nov 30 2019, Formerly homeless contend with high heat, accessibility issues in supportive units

<https://www.sfoxaminer.com/news/formerly-homeless-contend-with-high-heat-accessibility-issues-in-supportive-units/>

Mission Local, Nov 25 2019, More than a dozen chronic mentally ill residents in limbo, as South Van Ness Manor facility set to close Nov. 30

<https://missionlocal.org/2019/11/more-than-a-dozen-chronic-mentally-ill-residents-in-limbo-as-south-van-ness-manor-facility-set-to-close-nov-30/>

4) **GENERAL PUBLIC COMMENT**

There was no public comment.

5) **COMMUNITY AND PUBLIC HEALTH COMMITTEE**

Commissioner Bernal, Chair, stated that at the meeting, the Committee discussed two presentations.

Jacque McCright discussed the Sistas Leadership for African American Youth (SLAY) Council. This youth leadership group piloted a community sexual health intervention to address disproportionately high STD rates of African American young women and was created by the target population. Dr. Zea Malawa gave the presentation, "Expecting Justice: San Francisco Collective Impact for Healthy Births," which highlighted how historical racism and societal bias against African Americans impacts the health of pregnant African American women. Some interventions that have been piloted include giving a monthly stipend to pregnant African American women in San Francisco and creating a doula training program for women of color to increase access to doula services to pregnant African American women.

6) **LAGUNA HONDA HOSPITAL & REHABILITATION CENTER EMPLOYEE RECOGNITION AWARDS**

The following groups and individuals received awards at the meeting:

- Jason Yarbrough & Sandy Ng
- LHH Clinical Nutrition Team
- Irin Blanco, Grace Chen, Maria-Elena Healy, Steven Thompson MD
- LHH Materials Management Team
- LHH Schwartz Rounds Planning Committee

7) **LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER ANNUAL REPORT FY2018-19**

Maggie A. Rykowski, MPA, MS, RN, Acting Chief Executive Officer, presented the item.

Dr. Colfax thanked Ms. Rykowski and Roland Pickens, SFHN Director, for their leadership. He also expressed gratitude to all the LHH staff members for their resilience. He added that LHH has always been and will continue to be a special place. In the year ahead safety and quality of care will be a priority.

Commissioner Comments:

Commissioner Loyce thanked Ms. Rykowski, Troy Williams, and Adrian Smith, for stepping in to provide skilled leadership during this complex year at Laguna Honda Hospital. He added that the Commission is grateful for all of the Laguna Honda employees who dedicate themselves to providing quality care each day. He also stated that the Health Commission sends its best wishes to all the Laguna Honda residents, who deserve the highest quality of care during their stay. The Commission acknowledges that this has been a year of many changes and they hope the new year will bring continued positive transformation at Laguna Honda Hospital.

Commissioner Guillermo, LHH JCC Chair, thanked Ms. Rykowski for the presentation and for her leadership during a difficult year of many transitions. She added that she looks forward to hearing about the work ahead to increase the percentage of LHH employees who would recommend the hospital to other potential workers.

Commissioner Green thanked all the LHH leadership and employees for working together during this year. She noted that during her visits to several LHH neighborhoods, she spoke to many LHH employees who are striving to provide the best care for residents.

8) OTHER BUSINESS

Mr. Morewitz noted that the next Health Commission meeting would take place on January 7, 2020.

9) JOINT CONFERENCE COMMITTEE REPORTS

Commissioner Chow, ZSFG JCC Chair, stated that at the December 10th ZSFG JCC meeting, the Committee's open session was initially disrupted by a group protesting staff safety issues within ZSFG emergency department. The Committee went into closed session to approve the Credentials Report and discuss the PIPS Minutes. When it returned to open session, the Committee engaged in robust discussions of three relevant items:

- 1) The Fiscal Year 2018-19 Security Management Plan Annual Report included important data on safety issues including incidents of violence against staff and patients.
- 2) The ZSFG Emergency Department Update gave an overview of current safety issues and the initiatives being undertaken to address them.
- 3) During the Human Resources Report, the Committee discussed the lengthy time it takes to hire all ZSFG staff. For ZSFG, the average hiring time is currently 147 days. The Committee will continue to monitor staff and patient safety issues and improvements to the hiring time for ZSFG and all DPH employees.

During the open session, the Committee also discussed the Medical Staff report and approved the following during this item:

- 1) Triennial Review Management of Benign and Malignant Breast Conditions
- 2) Pediatrics Privileges
- 3) The Committee requested that the Interventional Radiology protocols be resubmitted with changes tracked.

10) COMMITTEE AGENDA SETTING

This item was not discussed.

11) CLOSED SESSIONS-QUALITY ITEMS

A.) Public Comment on all matters pertaining to the closed session.

B.) Vote on whether to hold a closed session regarding reports of hospital medical audit or quality assurance committees pursuant to Section 1461 of the California Health and Safety Code and Section 1157 of the California Evidence Code

C.) Closed Session pursuant to California Health and Safety Code Section 1461; California Evidence Code Sections 1156, 1156.1, 1157, 1157.5 and 1157.6; and California Constitution, Article I, Section 1:

Laguna Honda Hospital Quality Management presentation regarding recent regulatory survey activity (Troy Williams, Chief Quality Officer for San Francisco Health Network, and Adrian Smith, Interim Director of Quality, LHH)
Laguna Honda Hospital credentialing matters

RECONVENE IN OPEN SESSION

D.) Vote to elect whether to disclose any or all discussions held in closed session pursuant to San Francisco Administrative Code Section 67.12(a)

Action Taken: The Health Commission voted not to disclose the discussion held in closed session.

12) ADJOURNMENT

The meeting was adjourned at 6:01pm.